



Recognize *the potential*, not the limits...

NEW TYPE OF VERY REWARDING JOB

TRAINER OF PERSONS WITH NEUROLOGICAL CONDITIONS

(This position is for a person who has knowledge in a field such as : Exercise physiology, Kinesiology, or Physiotherapy techniques)



Contents

Nature of the organization and service:	1
Description of the position and tasks to be performed:	2
Advantages of joining FSWC Quebec:	3
Conditions of employment:	3
Special requirements and/or skills:	3

Nature of the organization and service:

Quebec Adapted Training Center FSWC (operated under the name FSWC Quebec) is a charitable organization that opened its doors in February 2022, in Sherbrooke, and it is the third center of the First Steps Wellness Center Group.

Our Activity-based therapy services, which are unique in Québec, meet the needs of people looking for an innovative approach to neurological conditions. Many of our beneficiaries take the trouble to travel from neighboring and remote regions to take advantage of our services, and we are working hard to make ourselves known to the Québec population.

The center has distinguished itself by a high level of satisfaction with our specialized programs, often exceeding the objectives initially established between our beneficiaries and our kinesiologists.

This high level of satisfaction is the result of the professionalism and human approach of our kinesiologists, and our team of volunteers for their dedication. All this teamwork ensured that the organization's mission received daily attention in 2023.

Here are the services offered by the FSWC center:

- Activity-based therapy (ABT) programs
- for spinal cord injured people,

- for adults with other neurological conditions,
- for kids
- A functional electrical stimulation (FES) program (operated for clients by physiotherapy technologists).

The sphere of solutions based on neuroplasticity to help improve the mobility of affected limbs following spinal cord injuries and other neuromuscular disorders is a growing and exciting field for specialists in physical activities and for those who want to create positive impacts in the lives of people with neurological conditions.

You will have the opportunity to assist motivated, determined clients who work hard to surpass their limits, which are often imposed by other people. You will live daily professionally stimulating challenges. Although the work at FSWC Québec is both physically and mentally demanding, it is above all very rewarding.

Joining our team would also be a unique opportunity for you to be one of the key people in building the reputation of our organization which is entering its 3rd year.

If your passion is helping others, working as a team, and having a strong interest in working with people with neurological conditions, FSWC Quebec will allow you to make a real difference in people's lives, while helping you advance your career.

Our values:

- recognition of each person's potential
- perseverance
- the respect
- dignity

Description of the position and tasks to be performed:

At our FSWC center, a trainer will learn First Steps methods which encompass specialized Activity-based therapy techniques, aimed at recovering and improving motor functions below the level of the spinal cord injury. A trainer will also learn other methods that help to undertake the program for children whose main clientele is those with cerebral palsy. Once training is completed, you will be able to provide individualized programs to clients to improve their performance and motor skills related to their daily lives.

Description of main tasks:

- Develop individualized training plans for clients of all ages including children under 12 months, collaborating with other team members, and providing adapted training sessions
- Maintain up-to-date client records
- Building a bond of trust with our clients
- Read the latest research related to the area of our services.
- Participate in activities supported by FSWC, such as fundraising and organizational outreach activities, client support, etc.

Advantages of joining FSWC Quebec:

- You will have the opportunity to see the benefits obtained by clients, and in some cases, a major change in their quality of life, thanks to teamwork between clients and you.
- You will be surrounded by passionate team members, full of enthusiasm, and who have unique competencies in Quebec.
- You will participate in the development of an organization that recognizes the value of your implications,
- You work with motivated clients who work very hard to improve their health.
- You will receive training for the specialized technique by our internal trainer in Sherbrooke center and by a trainer at FSWC Regina in Regina center (paid by the employeur)

Conditions of employment:

- The start date of employment: as soon as possible
- The salary after the completion of all trainings, 27.5\$/ hours
- The number of weekly working hours: minimum 32 hours/week

Special requirements and/or skills :

Applicants must meet the following requirements:

- At least one year of experience after graduation
- Bilingual
- Team spirit
- Initiative
- Autonomous
- Creative
- Interested in a population with special needs and open to working with children including those under 2 years old
- Open-minded for varied tasks
- Have a strong interest in working with us long-term
- Be able to go to FSWC in Regina for additional training after internal training (fees will be paid by the employer)

If your profile meets our requirements and you are looking for a new type of rewarding job, FSWC Quebec is the ideal place for you!

Please send your letter of motivation and CV to norikoi@fswcquebec.ca

819-588-3743

www.fswcquebec.ca,

[Facebook](#),

[Youtube](#),

[Instagram](#)